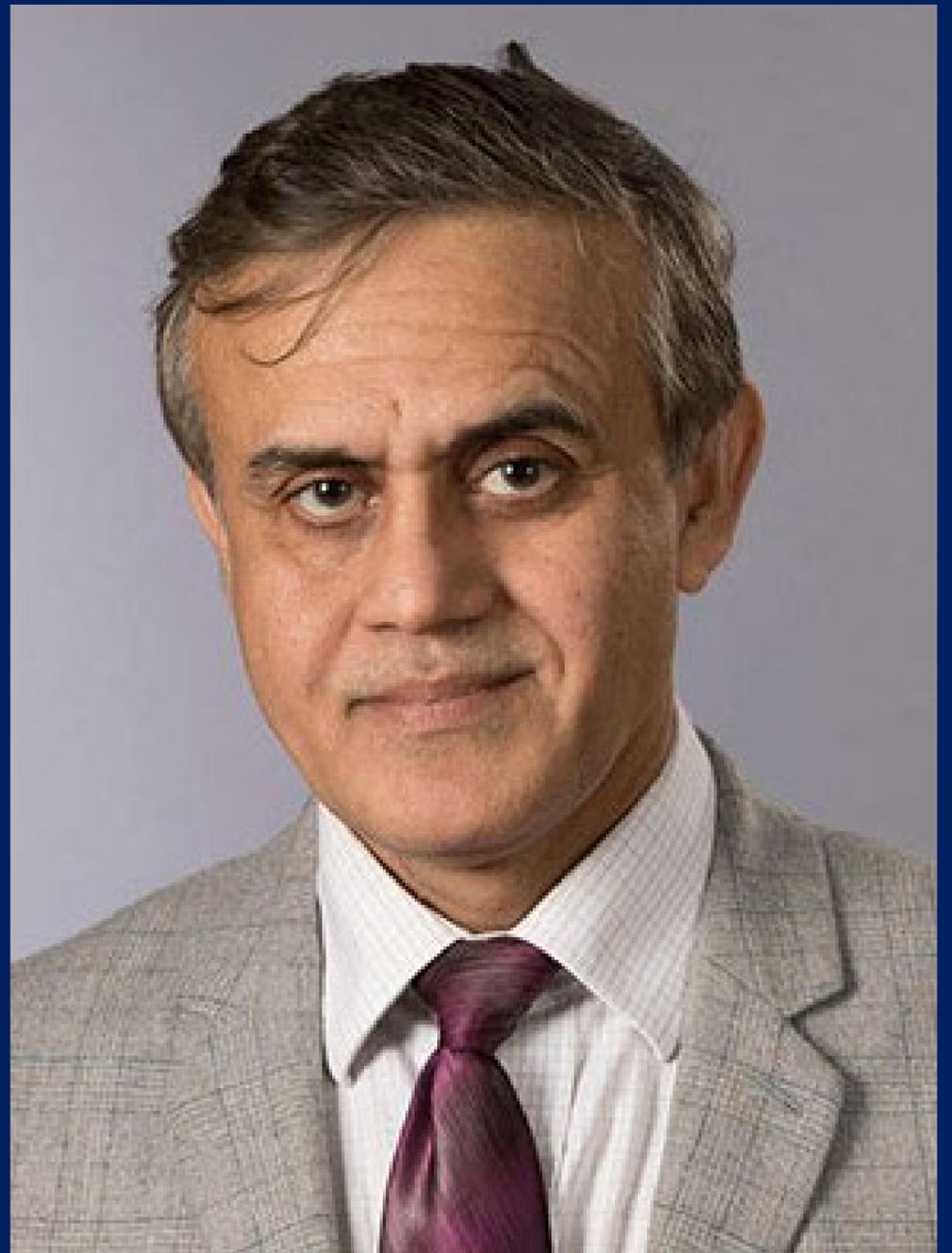


ACBTA MEET-THE-EXPERT TALK

Sufism-based Cognitive Therapy for Building Resilience

Dr Farooq Naeem,
MD, FRCPsych, MSc, PhD
Professor of Psychiatry
University of Toronto



Date: 2 April 2022 (Saturday)

Time: 11.00am Malaysia / HK time (UTC+8)

Venue: Zoom (Link given upon registration)

Register at: <https://bit.ly/3sypDMR> or scan QR:



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ACBTA MEET-THE-EXPERT TALK



Dr Farooq Naeem is a Professor of Psychiatry at the University of Toronto and a psychiatrist at the Centre for Addiction & Mental Health. He was trained in Psychiatry in the Merseyside training scheme in Liverpool, England. He completed MSc in Research Methods in Health and later a Ph.D. in CBT and Culture from Southampton University, England.

He has published nearly 200 peer-reviewed articles, 6 books and numerous therapy manuals and chapters. Farooq pioneered techniques for culturally adapting CBT. These techniques have been used to adapt CBT in South Asia, North Africa, the Middle East, Kenya and China. So far more than 22 RCTs have tested interventions that used his model of adaptation of CBT, the "Southampton Adaptation Framework"